

Light up South Fork Garage Sale is Aug. 6-7

SUBMITTED ARTICLE

SOUTH FORK — The South Fork Friends Foundation has been busy since early June preparing and receiving donated items for its Aug. 6-7 “Light Up South Fork Sale.”

“We have a huge building full of things you don’t want to miss, thanks to the generosity of our Friends and residents of South Fork and surrounding areas,” organizers stated.

The sale begins at 7 a.m. on Friday, Aug. 6, and continues at 7 a.m. on Saturday, Aug. 7, and goes until 4 p.m. each day. Most items are only \$1 unless otherwise priced.

The location is next to the Mountain Pizza and Taproom, in the old Hungry Logger building. The proceeds from this sale will be used to help pay for Colorado Christmas Lights, a professional lighting

service, that lights up Vail, Aspen, Breckenridge, and many other Colorado towns. They will be putting new lights in the trees at the Visitor Center. The annual Yuletide celebration has been a signature event of the South Fork Friends Foundation since the first celebration in 2017.

SFFF has supported numerous projects and events in South Fork for years with many more in the planning stages. The Friends, with help from Rio Grande County Commissioners, repaved the pickleball court where people play all through the season — Tuesday, Thursday, and Saturday, from 9-11 a.m. If you haven’t already seen the new Big Bear at the Community Center, check it out the next time in SF. He will be placed on his permanent stand soon welcoming all to the

Community Center, where you can enjoy the newly purchased tables and chairs for the Center at a cost of \$20,000. This past winter saw ice skaters enjoying the larger ice rink and heated skate shack, all thanks to the SFFF, the Town of South Fork, and supporters.

Tell your friends and neighbors, better yet, gather them up and come on to our sale in South Fork, dine at fabulous restaurants and check out the shops at the confluence of our mighty waters.

For more information about what the South Fork Friends Foundation is all about, check out our Facebook page or visit the website, www.friendsofsouthfork.com. Do you have questions? Send us an email to info@friendsofsouthfork.com, we would love to hear from you!



Courtesy photo

The South Fork Friends Foundation is getting ready for another yard sale to take place in the old Hungry Logger building the first weekend of August. All proceeds from this event will go toward local projects.

Borderlands Tribute to benefit Wildwood Sounds in Del Norte

STAFF REPORT

DEL NORTE — Over a dozen Americana music artists from multiple states will be showcased in Del Norte’s upcoming Borderlands Tribute 2021 Americana Music Showcase on Friday, Aug. 13 and Sunday, Aug. 15.

Friday’s 7 to 10 p.m. concert at Wildwood Sounds Concert Venue Back Porch will feature Steve Brooks of Austin, Texas. Brooks is a songwriter, storyteller, speaker, and award-winning punster that has appeared in Alamosa previously.

Friday’s concert also features Sharon Walker, Darrin Kobetich, Lisa Byrn, Bob “Zin Bubba” Wil-

liford, Ruben Dominguez, and Eric Sommer.

Sunday’s headline act is Sweet Magic, a quartette of San Luis Valley artists whose music combines flamenco, tight vocals and original writing in a magical delivery.

Sunday’s show also features the duos McLeod Nine, The Whitmores, and Howe2 for a lively brunch-time concert, 11 a.m. to 2:30 p.m. Food will be provided at the Sunday concert by Del Norte’s new Rabbitbrush Catering, a sponsor of Borderlands Tribute.

Proceeds benefit Wildwood Sounds House Concerts. Suggested donation is \$15 for each concert.



Sunday brunch plates are \$12. Beverages available at each concert by donation. Wildwood Sounds Concert Venue is located at 850 Grand Ave., Del Norte.

South Fork Mushroom Foray is Aug. 6-7

SUBMITTED ARTICLE

SOUTH FORK — This year’s South Fork Mushroom Foray will be held on Aug. 6 and 7. The same agenda is planned for both days, so adventurers need only to sign up for one day or the other. However, people are more than welcome to participate on both days.

Both days start at 8:30 a.m., with an introduction at South Fork Visitor Center that includes quick tips regarding the proper way to identify and collect mushrooms.

The group will then travel to a designated area to look for and collect mushroom species. Once the mushrooms have been collected, the participants will go back to the Visitor Center for identification and discussion.

The registration fee for this event is \$20 per person, per day or \$35 for both days. Space is limited to a maximum of 30 people each day.

Adventurers are advised to bring water, rain gear, sack lunch, small paper bags or napkins to separate specimens, hat, spade or knife, camera, notepad, and pen. And people can also bring a mushroom guide, whistle, sunblock, gloves, hand wipes, walking stick, sunglasses, and GPS.

To register, call the South Fork Visitor Center at 719-873-5512 or email vcdirector@southfork.org.

South-Central Colorado Micro Brew Fest and Car Show is Aug. 21

STAFF REPORT

MONTE VISTA — Riding in on the wheels of a very successful Cinco de Mayo Cultural Celebration, the OptiMystics Citizen’s Action Network is planning its next fundraising event — the South-Central Colorado Micro Brew Fest and Car Show.

It is scheduled to take place on Saturday, Aug. 21 from 10 a.m. to 6 p.m. in Chapman Park, 300 W. Prospect Ave., in Monte Vista.

People who enjoy craft beer, classic cars, music, shopping, eating and more are encouraged to attend. Activities for the day, include tasting portions from a variety of microbreweries from around the state. People will have the opportunity to purchase their favorite from the tastings.

There will be live music, local vendors, food trucks, games and activities, and more.

Coupled with the Brew Fest, the Poor Boys Car Club will be hosting its 10th Annual Classic Car Show.

“The OptiMystics are proud to be partnering with the Poor Boys Car Club for this exciting one-day event,” organizers stated.

The platinum sponsor for this event is Rio Grande Bank.

“Special thanks to CEO Shon Davis and his dedicated staff for supporting the efforts of The OptiMystics CAN,” organizers stated.

Other sponsors currently include the Sandhill Inn & Suites, SLVoices and San Luis Valley Broadcasting.

The Brew Fest and Car Show are just one of the events happening throughout Monte Vista that weekend. Visitors can visit the weekly Farmers Market, 3rd Fridays Art Walk, the Native American Artist Fair on Friday, Saturday, and Sunday, and the Amish Schools Benefit Dinner.

Transportation between Chapman Park and Downtown will be available at a nominal fee.

To find out more, become a sponsor, a vendor, or to donate, contact the OptiMystics CAN at optimysticscag@gmail.com or call 719-239-1811.

The OptiMystics Citizen Action Network was organized to support groups and individuals creating businesses, as well as fostering economic development through social and cultural events and other activities.



Health Tip - Intermittent Fasting or Time Restrictive Eating

12 to 16 hours without eating allows the digestive tract to clean house.
Happy Gut!!!
3 hours before bed, 8 hours of sleep (if lucky), 1 hour after getting up

Monte Vista Chiropractic & Wellness, LLC
L. Blair Nielsen DC (719) 849-8091

MOUNTAIN PIZZA & TAPROOM

“This is the best restaurant in South Fork. I come here every year and the tap wall is the coolest. Great customer service too.”
~ Wade F., Google reviews

Fresh Ingredients, BIG ON TASTE!

BUFFET WEEK! August 16-20 • 11 a.m-9 p.m.
Buffet - Wednesdays & Sundays only from 11 a.m.-9 p.m. (includes all you can eat, drink, salad and dessert)

\$7 Combo Deal: 11 a.m.-3 p.m. Everyday!
Come Try Out New Pagosa Cheese Steak Sub and our New Pizzas!

All summer Enjoy Music on Thursday 5:30-8:30 p.m. by DJ Marcus.

Law Enforcement, Firefighters, EMTs and our Veterans always receive 20% off!

30483 Highway 160, South Fork
11 a.m. to 9 p.m. DAILY
EASY Online To-Go Orders:
MountainPizzaTapRoom.com
Thank you for supporting our employees during this difficult time